

Volume 18, Issue 4

Summer 2014 (June-August)

#### **Grand Knight's Corner**

#### UNITY

"Unity – None of us is as good as all of us. Members of the Knights of Columbus all know that – together – we can accomplish far more than any of us could individually. So we stick together. We support one another. That doesn't mean that we always agree or that there is never a difference of opinion. It does mean that – as a Knight of Columbus – you can count on the support and encouragement of your brother Knights as you work to make life better in your parish and community."

We have all heard these words numerous times. I believe now more than ever, each and every Brother in our Council should take a few minutes and read this principle of our order. We have accomplished so much but we need to strive to accomplish more. As the Grand Knight Elect for the next fraternal year I am challenging all Brothers to be more active with Council events and activities. Choose one activity or event that you normally wouldn't take part in and assist with that activity. It can be attending monthly meetings, joining a degree team or assisting with a fundraising event. If we all do our part we can become an even stronger Council which in turn will allow us to grow our charitable donations and make our Parish/Community stronger than ever. We are stronger in numbers.

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit"

Aristotle

Being a Brother in this Council has been the most rewarding experience of my life. I am very excited with the upcoming fraternal year. It will be an honor and privilege to be the Grand Knight for Chesapeake Council 8240.

V.J

Grand Knight Elect Stephen Clock

#### Officers for this Fraternal Year

Grand Knight Dave Van Petten - davidvanpetten@cox.net Chaplain Rev. Romy Jazmin - pop.office@popparish.org **Deputy GK** Stephen Clock - siclock@phoenix-group.com Chancellor Brian Scott - Bscott3534@vahoo.com Recorder Brian Yetka - Byetka14@yahoo.com Fin. Sect'y Roger Noreau-huckfinn23@hotmail.com **Treasurer** Tom Pestka - tipestka@hotmail.com Lecturer Walter Quigley - walterquigley@cox.net Tony Hayward - tonyhayward107@cox.net Advocate Tom Klocek - Tklocek2@verizon.net Warden Inside Guard Jamie Fraser - Fraseiwi@cos.k12.va.us Outside Guard Shawn Huffaker - vt96mechengr@verizon.net Trustees:

3<sup>rd</sup> Year Mark Zaccagnini - mark.zaccagnini@navy.mil 2<sup>rd</sup> Year Daniel Shuma - Daniel.R.Shuma@navy.mil 1<sup>st</sup> Year Ed Monacchio - edward-monacchio@volvo.com

#### Inside this issue:

#### 35th Anniversary of Marian Program P. 4

Knights by Degree	2
Remember in Prayer	2
Council Calendar	3
Fr. McGivney Guild	4
FY 2014-2015 Officer Slate	6
Degree Schedule	6
KOVAR	7
How to Pray the Rosary	8

#### Promoting K of C Awareness

Brothers, we are all aware of the attacks on the family as a unit and an institution, and we are constantly witness to attacks on our faith, even to the point where the federal government is suing a Catholic College to pay for birth control in its medical plan. As Knights we stand against such things, but we need to do more so that people know what we do and why. We're not a beer club for old guys, although beer after meetings is a nice perk. If you have an idea to better promote awareness of what we do, please share your idea! Check us out on the web (<a href="https://www.kofc8240.org">www.kofc8240.org</a>) & on FaceBook <a href="https://www.facebook.com/home.php?#!/group.php?gid=301533184318">www.facebook.com/home.php?#!/group.php?gid=301533184318</a>

#### Degree Exemplification

Within the Knights of Columbus there are several degrees, each providing the member valuable lessons. The First Degree teaches the lesson of charity, and upon completion he is considered a Knight of Columbus and can participate in all council activities. First Degree members are encouraged to attain the Second and Third Degrees, which teach the lessons of unity and fraternity. Upon taking the Third Degree, a member receives full honors of Knighthood and is "Knighted." Privileges of Third Degree membership include the ability to serve as a local council officer, and admission to state and Supreme Council business meetings. First and Second Degree members can attend the state and Supreme Council meetings, but they are not allowed in the business sessions. Upcoming Exemplifications: Please see the calendar for dates and locations and/or contact Stephen Clock (sjclock@phoenix-group.com) or Pete Padilla (padillapete@cox.net) for more information.

#### Council Treasurer's Report (March31, 2014)

Checking \$8,962.31 Savings I \$21,549.02

Savings II \$2,500.10 (\$2,402.41 building fund)

Total \$33.011.43



#### Your Prayers are requested for:

## Members of the Armed Forces and all other Americans in harm's way,

Elaine O'Donnell, Tom Mangan, Jane Gore, John Simone, John Owens, Franz Himmel, Edna Schwartz, Jack Gorman Jr., Joan Gorman, Loren Snevy, T.J. Barnes, Vic Hrudowsky, Betty Ann White, John Lawlor, Bob Elko, Ray Miller, Lawrence Mourning, Grant Robinson, Al Frenette, Veronica Noreau, Regina Sweeney, Dominick & Rosemary Infrato, PGK Paul Coronado, Paul Antonaccio, Matthew Mourning, Gail Hoppenjons, Dick Ames, Will Simpson, A Romero, Red Snowden, Kathleen Gravani, Chris Mulholland's Mother, John Smith, Tony & Lee Gravina, Leo Marshall, PSD Lenny Palizzi, Curtis Lightfoot, William Blake, Brandon Ream, Frank Haughey, Richard Moore, Vic Gonzalez, Mr. Daugherty, Darren Cowley, Bill Bone, A. Stevens, Maire McTigue, Dorethy Schares, Raymond Mourning, Nanci Dallaglio, John Klocek, Dick McCarron, Jonathon Markham, Barry Jefferson, Joe & Phyllis Nash, Daryl Taylor, Eileen Feifal, Gerry Post, and WGK Dave Van Petten

For Seminarians Shawn Koehr and Justin Shuma whom this Council supports, and for all considering their vocation.

#### Council 8240 Web Site

The Council 8240 web site (<a href="www.kofc8240.org">www.kofc8240.org</a>) has an online roster that gives you access to your Brother Knight's phone numbers and a way e-mail them. Also, you can edit your own contact information. Please go check and make sure your info is correct. You need only your K of C Membership Number and your Date of Birth to see the roster or update your information.

Also, Roger Noreau has taken over as webmaster, but event chairmen can easily be given rights to provide details on their events, upload pictures etc. Most importantly, Roger is trying to ensure our website roster matches the official roster on the Supreme website. Please help him by checking your info, and if you change anything, please let him know by an e-mail to <a href="https://doi.org/huckfinn23@hotmail.com">huckfinn23@hotmail.com</a>.

Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me... Matthew 25:40 USCCB.org

#### Council 8240 Calendar Jun-Aug 2014

Jun-14			
1	12:00 PM	Hampton Roads Area 3rd Degree	Council?
5	7:30 PM	All Saint's Assembly Meeting	Prince of Peace
7	8:00 AM	Men's Breakfast at Prince of Peace	Prince of Peace
7th/8th	10-6pm	KOVAR Sam's Club (POC Frank Hunt/Stephen Clock)	Sam's Club
7th/8th	All Masses	Recruiting Weekend	Prince of Peace
12	7:30 PM	Council Business Meeting	Prince of Peace
15	All Day	Father's Day	
19	7:00 PM	Recruiting Information Night	Prince of Peace
26	7:30 PM	Council Social Meeting	Prince of Peace
<u>Jul-14</u>			
(FY 2014 - 2015)			
3	7:30 PM	All Saint's Assembly Meeting	Prince of Peace
4	All Day	Independence Day	Chesapeake City Park
10	7:30 PM	Council Business Meeting	Prince of Peace
12?	All Day	Virginia State Council Organizational Meeting & Installation (both GK & DGK attending?)	Richmond?
24	7:30 PM	(1st Degree) Council Social Meeting	Prince of Peace
28	7-8:30PM	1st Quarter 8240 Officers Meeting	Prince of Peace

#### VIRGINIA SOCCER PLAYER AND COUNCIL 8240 KNIGHT RETURNS FROM RID WITH GOLD MEDAL

"It truly was an honor to play for Team USA." - Kevin Mulholland

10 May 2014 - Chesapeake, VA: Team USA team won first place at the COPA AMÉRICAS 2014 powered wheelchair soccer ("power soccer") tour-

nament in Rio de Janeiro, Brazil on 4 May. Council 8240's own Kevin Mulholland (age 27) of Chesapeake returned home with a gold medal after scoring 7 goals: 1 each against Brazil, Australia, and Canada, while an astonishing four goals were scored against Argentina. The only team he did not score against was Uruguay. Team USA went undefeated in the tournament, and is qualified for the Power Soccer World Cup slated for 2015. Kevin's dad, PGK Chris Mulholland also participated by refereeing matches and providing training to new referees.

Power soccer is the first – and only - competitive team sport designed and developed specifically for power wheelchair users. This action-packed team sport combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game. Participants include people with quadriplegia, muscular dystrophy, multiple sclerosis, cerebral palsy, head trauma, stroke, and other disabilities.

#### These exciting matches can be viewed at:

http://new.livestream.com/powersoccershop/copa-america-2014 and at www.youtube.com/watch?v=tccigjRvK\_o. A comprehensive written account of the Tournament is posted on the Council 8240 website, www.kofc8240.org, under "News and Announcements."



Mulhollands father and son at COPA AMÉRICAS Rio de Janeiro 2014



Discover a World of Good Things in the Knights of Columbus





Knights celebrate the 35th anniversary of the International Marian Prayer Program by Ruane Remy

Swords unsheathed and held aloft, Fourth Degree Knights stood on guard as a framed image of Mary under the title of the Immaculate Conception was carried in procession to the altar of St. Eugene de Mazenod Church on March 29.

In his homily, Father Adam Filas said that the Blessed Virgin Mary was the first Christian, the first believer in Jesus, adding, "We welcome her with open hearts and open minds." Father Filas, a priest of the Missionary Oblates of Mary Immaculate and a member of St. Eugene de Mazenod Council 12916, is pastor of the Brampton, Ontario, church, which he calls "very Marian-oriented." Located within the Archdiocese of Toronto, St. Eugene Church consists largely of Polish parishioners and includes shrines of Our Lady of Ludźmierz and St. John Paul II, who was deeply devoted to Mary.

It is little wonder, then, that Father Filas, his fellow Knights and the parishioners warmly welcomed the image of the Immaculate Conception, which is at the heart of the current Knights of Columbus Marian Prayer Program. Through this international initiative, hundreds of blessed copies of the Marian image are traveling from council to council within each jurisdiction. Over the course of the two-year program, which was launched last August, Knights have been facilitating thousands of prayer services for councils and communities, celebrating Mary's pivotal role in the Church in a unique way. It is the 16th Orderwide program using a sacred image as its centerpiece, together gathering some 16 million people in prayer since 1979.

#### DECADES OF DEVOTION

Past Supreme Knight Virgil C. Dechant initiated the first Marian Hour of Prayer 35 years ago, two years after

Charity Unity

Fraternity

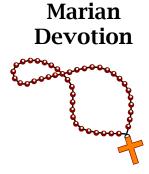
**Patriotism** 



Continued on p. 5

To join the guild (it's free) or to learn more about it go to:

www.fathermcgivney.org/mcg/en/



#### **Mother of Mercy**

O Mary, Mother of Mercy, watch over all people, that the Cross of Christ may not be emptied of its power, that man may not stray from the path of the good or become blind to sin, but may put his hope ever

more fully in God who is "rich in mercy."

May he carry out the good works prepared

By God beforehand and so live completely "for the praise of his glory."

Saint John Paul II

# THENATURAL CHOICE IS LIFE!

#### In service to One, In service to all

#### **Culture of Life**

"Human life is sacred and inviolable at every moment of existence, including the initial phase which precedes birth. All human beings, from their mother's womb, belong to God who searches them and knows them, who forms them and knits them together with his own hands, who gazes on them when they are tiny shapeless embryos and already sees in them the adults of tomorrow whose days are numbered and whose vocation is even now written in the 'book of life.' There too, when they are still in their mothers' womb—as many passages of the Bible bear witness—they are the personal objects of God's loving and fatherly providence." (*Evangelium Vitae*, **61**).

#### PGK John Hoffman is Council 8240's Culture & Life Director, he welcome your thoughts and suggestions at Hoffmanpfu@cox.net.

taking office, in order to help renew devotion to the Blessed Virgin and to commemorate the 125th anniversary of Pope Pius IX's proclamation of the dogma of the Immaculate Conception. According to Dechant, the pilgrim virgin statue of Our Lady of Fatima inspired the form that the program would take. "When I was a young man in Kansas, we looked forward to the Our Lady of Fatima program, which had a statue that went from parish to parish," he said. "It built up a lot of devotion to Our Lady from the late '50s to the '70s."

Dechant believed that the Fatima program could be adapted in a wonderfully effective way by the Knights. Instead of using statues, they would use a number of traveling paintings. And aware of Pope John Paul II's close relationship with the Blessed Mother, the Supreme Council formally requested that the pope bless each copy, a tradition that continues today.

The image chosen for the inaugural program was Our Lady of Guadalupe, patroness of the Americas.

"By picking Our Lady of Guadalupe, we really tied together Mexico and the Philippines and the United States," Dechant explained. "It helped us create a great international bond under Our Lady, and it just took hold."

The images of Our Lady were passed from council to council, where a special hour of Marian prayer was held in the presence of the image. Redemptorist Father John V. McGuire, then-director of the Order's Catholic Information Service, was charged with developing the first prayer service. Father McGuire was, according to Dechant, "a great writer and very pragmatic," and continued to assist drafting and revising subsequent programs.

Since Mary is honored under a wide range of titles and images throughout the Church, there has never been a shortage of icons for the Knights to choose from.

Supreme Knight Carl A. Anderson, in his 2004 annual report, observed, "Our Marian prayer services, which over the years have used various depictions of Our Lady from many countries and traditions, reflect the rich cultural and ethnic heritage of the Knights of Columbus."

Continued on p. 6

#### **COLUMBIAN CLUB OF CHESAPEAKE, INC.**

Every member of Council 8240 is also a shareholder of the Columbian Club of Chesapeake (CCC). The Supreme By-Laws of the K of C prohibits councils from owning real property, so any council that has its own council hall or building will form a non-profit corporation. So when Council 8240 was willed property by Brother Joe Drago, we formed the CCC. We own two properties. The house and land originally given to us by Joe (1277 Hillwell Road) and a townhouse located on Faire Chase (just of Waters Road) which we hold as an investment property. The CCC is governed by Knights of Council 8240. In the Spring, a Board of Directors is elected and the board then elects the officers. The current officers are:

Greg McCracken - President Frank Hunt - Vice President Tom Tucker - Treasurer Dan Shuma - Secretary

Anyone that would like to learn more about the CCC or would like to assist us in managing the properties or acquiring another property is very welcome. This is another Service opportunity within the K of C. Contact Frank Hunt at frankhjr78@gmail.com or 757-536-2589 to learn more.

COUNCIL 8240's OWN ONLINE STORE. For shirts, t-shirts, aprons, bags etc. The Queensboro Company has set up for Council 8240 our own online store. All the items include free embroidery and \$1 comes back to the council for each item sold. Our online store website is <a href="http://kofc8240.qbstores.com">http://kofc8240.qbstores.com</a> and also is accessible through our council website. You are NOT required to register, but if you register your e-mail address you can get automatic notification of sales and promotions.

#### **Council Outings**







On March 14 and April 11th Council 8240 held its Fish Fry Dinner event at Prince of Peace. We had great weather for both dates. The Council served 570 total dinners. The DGK would like send a special thank you to the Grand Group for their participation at both Fish Fry's. We also want to say thank you to Eddie Talley at Pirates Cove for donating the Fish once again this year. A special thank you also needs to go out to some of the local Great Bridge Football players that came out and assisted with clean up after both dinners. A thank you letter will be sent to each player. We will have one of the players joining our council in July when he turns 18, Justin Wilson (nephew of Brother Millet Fadoul).

## SPREAD THE WORD

K of C Council 8240
Current Degree Schedules, Recruitment
Weekends, & Recruitment Information Nights
(Revised 10/19/13)

#### 2014

7<sup>TH</sup>/8<sup>TH</sup> Jun Recruitment Weekend 19<sup>th</sup> Jun Recruiting Information Night at 7 PM 24 Jul 1<sup>ST</sup> Degree (POP)

#### Continued from p.5

#### FY 2014-2015 Slate of Council Officers

GK - Stephen Clock

DGK - Brian Scott

Chan - Tony Hayward

Recorder - Brian Yetka

Advocate - Diego Raul Zevallos

Treasurer - Pete Padilla

Warden - Shawn Huffaker

Inside Guard - Frank Hunt

Outside Guard - Frank Kenney

1<sup>st</sup> Year Trustee – Dave Van Petten

FS - Roger Noreau

2<sup>nd</sup> Year Trustee – Ed Monacchio

3<sup>rd</sup> Year Trustee - Dan Shuma

Lecturer - Walter Quigley

In all but three of the 16 Orderwide prayer programs, Marian images have served as centerpieces, ranging from the familiar images of Our Lady of Perpetual Help and Our Lady of Czestochowa to lesser-known Madonnas, such as Our Lady of Pochaiv and Our Lady of Charity.

In each case, participants everywhere have enthusiastically embraced the program, even when the featured image is relatively unfamiliar to their culture. For example, in Poland during the 2011-12 program featuring Our Lady of Guadalupe, 30,000 people visited the image in the city of Rzeszów alone

"The faithful came to me and said that Our Lady came to visit them because they did not have the money to travel to Mexico," said Father Janusz Kosior, chaplain of St. Hedwig the Queen Council 15268 in Rzeszów. "They thought of it as their holiday, and they made a pilgrimage from different areas of our province."

In the Philippines, where the Immaculate Conception was declared patroness in 1942, the current program is being received with open arms. "The Blessed Virgin Mary has always had a special place in the spiritual journey of the Filipinos," said Anthony Nazaro, state secretary of Visayas. Following last year's devastating typhoon, he said that the prayer program has been "a source of strength for many and a refuge for those who experience difficulty."

#### LEADING US TO CHRIST

The current Marian Prayer Program, which was launched at the 131st Supreme Convention in San Antonio in August 2013, for the second time features Mary as the Immaculate Conception. To commemorate the 350th anniversary of the parish of Notre-Dame de Québec, the image chosen for the program is a reproduction of a

KOVAR

A Virginia Knights of Columbus Charity established in 1971 to provide financial assistance through grants and home loans to tax exempt organizations providing training and assistance to citizens with intellectual disabilities.

"Give Jesus your heart to love and your hands to serve. Be His light, His fire of love amongst the poor." Recognizing, as Blessed Mother Theresa did, that the greatest poverty today is to be unloved and unwanted, we are called first to receive God's love in our hearts and then carry that love to our homes, our communities and our neighborhoods. KOVAR is an important ministry that helps those among us who need us the most. It is a wonderful family event that allows us to share with our children the joy of providing service to others. Blessed Mother Theresa provided us all with a worthy example to follow, please contact Brothers Frank Hunt or Stephen Clock to volunteer with KOVAR.

Upcoming KOVAR Events: KOVAR Fundraising is scheduled for the weekends of 7-8 June. In addition to contacting Frank or Stephen, the newly revised Council 8240 website (<a href="https://www.kofc8240.org">www.kofc8240.org</a>) now has online sign-ups for those interested. Access through the "Events Calendar" page.



#### Continued from p. 6

painting that hangs above the main altar at the basilica-cathedral in Québec City. Sister Mary of the Eucharist, a Sister of Charity of Québec, composed the colorful image after a fire at the cathedral destroyed the original 18th-century painting in 1922.

At the inauguration ceremony of the current program, now-Cardinal Gérald Cyprien Lacroix, archbishop of Québec, addressed those assembled: "May Our Lady accompany our Church and all the members of our Order all over the world. Like her, we want to be open to the Holy Spirit and available to accomplish God's plan in today's world." Communal as well as personal intentions play an integral part in the prayer service. Members of Council 12916 in Brampton, for instance, offered prayers for respect of the life from conception to natural death. District Deputy John Rafacz of Ontario District #103 included thanks for answered prayers when kidney failure had threatened his life eight years ago. Grand Knight Slavek Piskorski said that he prayed for global peace and "unity within families so that they will stay strong and healthy," adding that the parish also hosted workshops for couples and families around the time that the pilgrim image was at the church. Whatever their intentions, the Marian Prayer Program "brings people together to serve the Church, to celebrate and to worship," said District Deputy Terrence Long of Ontario District #43. "It brings Knights together, families together, the community together," he added, underscoring the Order's ability to foster unity and devotion. Indeed, the Marian Prayer Program remains one of the most visible and popular spiritual initiatives sponsored by the Knights.

"This is fundamental evangelization," said Past Supreme Knight Dechant. "I think that the Knights have helped an awful lot in bringing people back to the faith and to the rosary. And, of course, the traveling Madonna has played a significant role. With so many councils participating, that's a tremendous program."

Over the years, the rosary-centered program has developed so that Knights can organize a prayer service with or without a priest. The current program booklet contains a Liturgy of the Word, intercessions and Marian hymns and prayers, including instructions on praying the rosary. Pope Francis' homily from the Solemnity of the Assumption, Aug. 15, 2013, is also included, in case a bishop, priest or deacon is not leading the service and preaching a homily of his own.

The prayer program at St. Eugene Church was adapted and incorporated into the March 29 Mass, which celebrated Founder's Day and included prayers for the cause for canonization of Venerable Michael McGivney.

Father Filas blessed the image of the Immaculate Conception with incense and expressed in his homily the hope that those present might turn in prayer to the Blessed Virgin as their mother. She intercedes on our behalf, helping us to imitate Jesus to overcome temptation and sin, he said.

"Experiences of Marian devotion bring conversion," said Father Filas, adding that when we follow Mary, "We become better people, live better lives and become joyful witnesses of Christ in this world."

RUANE REMY is a reporter and youth editor for *The Catholic Register*, the newspaper of the Archdiocese of Toronto.

Reference Knights of Columbus website http://www.kofc.org/un/en/columbia/detail/under-our-ladys-mantle.html

#### **How to Pray the Rosary**

#### From the USCCB-----HOW TO PRAY THE ROSARY-

The Rosary is a Scripture-based prayer. It begins with the *Apostles' Creed*, which summarizes the great mysteries of the Catholic faith. The *Dur Father*, which introduces each mystery, is from the Gospels. The first part of the *Hail Mary* is the angel's words announcing Christ's birth and Elizabeth's greeting to Mary. St. Pius V officially added the second part of the *Hail Mary*. The Mysteries of the Rosary center on the events of Christ's life. There are four sets of Mysteries: Joyful, Sorrowful, Glorious and—added by Pope John Paul II in 2002—the Luminous.

The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts, where Christ's spirit dwells. The Rosary can be said privately or with a group.

The Five Joyful Mysteries are traditionally prayed on the Mondays, Saturdays, and Sundays of Advent:

The Annunciation

The Visitation

The Nativity

The Presentation in the Temple

The Finding in the Temple

The Five Sorrowful Mysteries are traditionally prayed on the Tuesday, Friday, and Sundays of Lent:

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion and Death

The Five Glorious Mysteries are traditionally prayed on the Wednesday and Sundays outside of Lent and Advent:

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

The Coronation of Mary

The  ${\bf Five\ Luminous\ Mysteries}$  are traditionally prayed on Thursdays:

The Baptism of Christ in the Jordan

The Wedding Feast at Cana

Jesus' Proclamation of the Coming of the Kingdom of God

The Transfiguration

The Institution of the Eucharist



#### Praying the Rosary

Make the Sign of the Cross.

Holding the Crucifix, say the *Apostles' Creed*.

On the first bead, say an Our Father.

Say three Hail Marys on each of the next three beads.

Say the *Glory Be* 

For each of the five decades, announce the Mystery, then say the \*Dur Father\*. While fingering each of the ten beads of the decade, next say ten \*Hail Marys\* while meditating on the Mystery. Then say a \*Blory\* Be. (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.")

After saying the five decades, say the "Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by his life. Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

We're on the web at www.kofc8240.org

#### **Newsletter Disclaimer**

Our Council newsletter is a quarterly publication of interest to members of the Knights of Columbus Council 8240 located in Chesapeake, Virginia. Each newsletter publication is distributed by electronic mail to all members and by surface mail to those members preferring a hard copy or do not have access to electronic mail. Input, suggestions, comments, etc... related to this publication should be directed to the newsletter editor Joseph Branco (joebranco@cox.net). The quarterly input deadline for subsequent newsletters is established as the 1st of the month-August, November, February, and May annually. The most recent edition of this newsletter can be found on the Council 8240 webpage at www.kofc8240.org.

### Insurance / Field Agent Bob Abbate, FIC, CSA

The Abbate Practice, F.A. Knights of Columbus Member MDRT "Court of the Table" and SKC Serving Virginia Beach, Chesapeake, and Lake Gaston 4646 Princess Anne Rd., Ste. 106, Virginia Beach, VA Office: (757) 495-1492 Fax: (757) 495-1367

Email: Info@BobAbbate.org

Schedule a visit with Bob to talk about Long Term Care Insurance

